

Our massages...

THERAPEUTIC MASSAGE - BODY CARE

COMPLETE RELAXING MASSAGE (55 min.) 80€

(55 min.) Complete active massage applied to the body's musculoskeletal system which eases muscular tension and stimulates the nervous system producing a relaxing, soothing effect.

RELAXING BACK MASSAGE (25 min.) 45€

Relaxing massage

(25 min.) Active back massage which helps restore muscle tone. Relieves pain, tiredness and spasms and moisturises the skin with almond oil natural products.

LEG MASSAGE (25 min.) 45€

Lymph draining or relaxing massage

(25 min.) Massage with rhythmic movements which work directly on the lymphatic system. Favours the elimination of liquids, helps to reduce the symptoms of swollen legs and improves circulation.

CRANIAL-FACIAL-NECK MASSAGE (25 min.) 45€

(25 min.) Relaxing massage for the face, head, neck, trapezius muscle and scalp, combined with essential oils. Relieves stress, mental and muscular tension and anxiety, relaxes facial and neck muscles, and improves mobility and muscle tone in the head, neck and shoulder area.

AROMATIC MASSAGE WITH A CHOICE OF ESSENTIAL OILS 45€

(25 min.) Balanced and relaxing classic local massage (back and legs) which wraps you in an intense aromatic sensation.

RITUAL SENSATIONS

HAMMAM RITUAL 80€

Massage with warm Alexandria oil

(55 min.) Alexandria oil contains Argan oil, a potent natural antioxidant which provides elasticity, smoothness, hydration and vitamin E. It is also surrounded by the essence of vanilla, cinnamon and jasmine, that together with the pleasure, create a feeling of absolute well-being.

RITUAL SERENITY 80€

Pure relaxation massage

(55 min.) Treat yourself to a moment just for you.

The relaxing massage is an experience designed to release tension, reduce stress, and reconnect with your body.

Through gentle and rhythmic movements, the muscles are worked to promote deep relaxation and enhance the feeling of well-being.

FACIAL CARESS

(peeling + serum treatment + mask + cream and massage)

COLLAGEN FACIAL 50€

Anti-ageing and moisturising

(25 min.) For mature and dehydrated skin, we apply a marine collagen serum which rehydrates skin powerfully, maintaining its tone and smoothness while also repairing skin contours and smoothing wrinkles.

VITAMIN C FACIAL 50€

Antioxidant, regenerating and firming

(25 min.) For lifeless and stressed skin, the Vitamin C concentrate acts as a regenerative and firming antioxidant which recovers the tone and firmness of the skin.

PACK DETOX

Stress is a generator of toxins that settle in the trapezius, crunch your back, tighten the cervical and fatigue your arms and legs. We propose a complete program divided into 3 steps.

PACK DETOX FOR HER 110€

1. Bamboo facial peeling, lotus and tea to prepare the peel, with a powerful illuminating effect. It is purifying, nourishing, and provides a dose of vitality and cleansing to 100% natural skin. (25 min)
2. Relaxing back massage that relieves pain, tiredness and contractures (25 min.)
3. Drainage massage of the legs that acts directly in the lymphatic system. Finishing with a Cranium-Cervical Massage that releases tension and relieves muscles and a Facial Massage with Hyaluronic Acid (25 min.)

PACK DETOX FOR HIM 110€

1. Relaxing active back massage that relieves pain, tiredness and contractures with myrrh essential oil (30 min.)
2. Tired Leg Massage to release tension in the calves and quadriceps (25 min.)
3. Relaxing massage on the soles of the feet, which acts in different places where, by means of the pressure of the energetic meridians, it is activated throughout the body in a reflex mode. Finishing with a relaxing massage in the cranial-facial-neck area (25 min.)